

Be here..

Be vibrant..



Parul
University

PARUL INSTITUTE OF AYURVED & RESEARCH

www.paruluniversity.ac.in

About the University

Parul University came into existence on April 21, 2015. Earlier, since 1990, Parul Group of Institutions was managed by Parul Arogya Seva Mandal Trust. At present, the university has 3 constituent campuses spread over in Limda (Vadodara), Ahmedabad and Rajkot. There are a total of 30 constituent Institutions, 2 diploma colleges with the trust and one PGDM autonomous programme. The total number of degree and diploma programmes, both at undergraduate and post graduate levels, number 241. The university has a sprawling 150 acre campus at Limda, Vadodara where its headquarters is located. The university provides state-of-art facilities in the form of classrooms, laboratories, workshops, sports and games, transport and other facilities required for overall personality development of students. About 28,000 students, of whom more than 700+ are international students, study in the university. They are mentored by about 2500 well-qualified and experienced faculty members. The university has separate wings for developmental activities in the form of Career Development Cell, International Relations Cell, Training and Placement Cell, Entrepreneurship Development Cell and International Students' Affairs Cell.

The university also offers other facilities such as services of Parul Sevashram Hospital, Parul Ayurved Hospital and Jawaharlal Nehru Homoeopathic Medical College Hospital at Limda campus and services of Homoeopathic Hospital at Ahmedabad and Rajkot campuses.

Vision and Mission

Vision:

To contribute towards generating resources and means for the betterment of humanity through quality educational services, active participation in community services and establishment of institutions to sensitize all stakeholders towards “Inclusive India, Progressive India.”

Mission:

To make a difference in the lives of those living in rural region by equipping them with the means and resources to empower not only their families but also the entire region.

ABOUT PARUL INSTITUTE OF AYURVED AND RESEARCH

Parul Institute of Ayurveda & Research is established under parent Parul University. Parul Institute of Ayurveda and research has come up with a vision to build a centre for excellence in Ayurveda education and practice, preserve, nurture and propagate the profound ancient wisdom of Indian system of medicine through quality teaching, training, medical care and research works. The institute aims at transforming the science of Ayurveda through quality education, selfless service to the society with a truthful motto.

It is located at Ishwarpura which come under Waghodia Taluka of Vadodara district in Gujarat State. It is well connected by Road ways, Railway and Airlines. It is approximately 20-25 km from central bus stand, Railway Station and Airport of Vadodara.

The college has 14 departments as per regulations of the Central Council of Indian Medicine (CCIM), New Delhi viz:

- Ayurveda Samhita evumSiddhanta
- RachanaShareera
- KriyaShareera
- DravyagunaVijnana
- RasashastraevumBhaishajyaKalpana
- Agadatantra, Vyavahara Ayurveda evumVidhiVaidyaka
- RoganidanaevumVikrutiVijnana
- Swasthavruttaevum Yoga
- PrasutievumStreeroga Tantra
- Balaroga
- Kayachikitsa
- Panchakarma
- Shalya Tantra
- Shalakya Tantra

HIGHLIGHTS OF PARUL INSTITUTE OF AYURVED AND RESEARCH

- Well equipped, ventilated and installed audio visual aids lecture halls having capacity of 100 students.
- Excellent Clinical and Surgical Exposure with 100 bedded Khemdas Ayurveda Hospital
- The library is the heart of the academic standard of the institute. Separate library for Ayurveda College is available with range of books including manuscripts, latest Ayurveda and allopathic books, research Journals, CD's, e books and internet facility for students.
- Well equipped teaching Pharmacy
- Hostel facilities for boys and girls
- Excellent transport facility for students and faculties from peripheral area to campus
- Wi-Fi facility in Campus
- Highly qualified, devoted & experienced staff as per council norms
- Periodic workshops, conferences, seminars and guest lecturers of experts to enhance academic and clinical skills
- Funds, Scholarships and other facilities for various kinds of researches

INTRODUCTION OF COURSE:

The course of B.A.M.S. (Ayurvedacharya) / Bachelor of Ayurvedic Medicine and Surgery degree is of 5½ years duration i.e. 4½ years Course and one year of rotatory internship. The present Annual Admission Capacity is 100.

- 1 year – First B.A.M.S.,
- 1 year – Second B.A.M.S.
- 1 year – Third B.A.M.S. and
- 1½ years – Fourth B.A.M.S.

From the Desk of Provost

Dr. M. N. Patel
Provost



Nelson Mandela has said that education is the best weapon with which we can change the world. His words have guided and inspired generations in achieving higher milestones and the goals they have set for themselves through education. After successfully completing your academic journey from the school, you are now ready to pursue your higher studies at the university which will prepare you for your future endeavours. Parul University is committed to provide you quality education through state-of-the-art infrastructure, highly qualified and well experienced faculty members. The education which you will receive at Parul University will not focus only on equipping you with theories and formulas but will put at your disposal a conducive environment which will aid you in assimilating knowledge from all sources, guide you in cultivating an enquiring mind and facilitate your overall development. Parul University also offers countless opportunities to budding technocrats, scientists, management professionals, medical practitioners, paramedical professionals, researchers to acquire relevant skills and knowledge required by industries and today's professional world in their chosen field of specialization which will make you competent and industry ready upon completion of your graduation. The University will also offer you opportunities to enhance your knowledge and understanding by providing you global exposure under its Student Exchange Programme and will also back you up in realizing your dream of becoming successful entrepreneur through its Entrepreneurship Development Cell.

You may be aware that in order to introduce excellence and transparency in the system of higher education in India, the Government is thinking of introducing Higher Education Commission of India Act, 2018 which will enable state governments to create their separate Higher Education Councils comprising renowned Vice Chancellors and Academicians from the State who have contributed immensely to the development and growth of higher education in India. We welcome this initiative of the Government and we are committed to implement the measures to be initiated under this provision for imparting quality education in the University. In order to achieve our mission to be listed under 100 Best Universities in India, we have started rigorous preparation and all of us are working with great zeal to make this mission successful.

Parul University along with its various stake holders welcome you all with open arms and we hope that with the help of the education and the life skills you will receive here, you will be ready to embark on a life changing journey which lies ahead of you.

March ahead fearless soldiers; the victory awaits you!!!!

From the Desk of Principal

Parul Institute of Ayurved & Research

Dr. B. G. Kulkarni
M. D (Rachana Sharir)
Ph.D (Ayu.)



Ayurveda is a holistic health system which has an integrated approach to prevent and treat the illness through lifestyle interventions and natural therapies. Parul Institute of Ayurveda & Research is established under parent Parul University. It has come up with a vision to build a centre for excellence in Ayurveda education and practice, preserve, nurture and propagate the profound ancient wisdom of Indian system of medicine through quality teaching, training, medical care and research works. The institute aims at transforming the science of Ayurveda through quality education, selfless service to the society with a truthful motto.

Institute mainly intended to focus on academic, social, cultural and research aspects. In academic point of view teacher identify the potential, skills of the student and accordingly channelize their energy. They motivate and guide for academic, co- curricular activities etc .Our institute concentrate on Social service by conducting rural health awareness programme ,Swachata Bharat Abhiyana and involving the students in such activities. Culture has got significant role in the development of students personality, by keeping this in view institute motivates students to participate in various cultural programmes.

Research is strength of any institute and it propagates the scientific thoughts of a scholar .We are strengthening research and publication by involving the faculties and students in research programmes. Education of Indian system of medicine has got profound scope in academics, Health Services, Clinical Research, Medicinal Plant Agriculture, Pharma Industries ,Lifestyle and Diet consultancy etc. Through such system of education the scholars of Ayurveda are enabled to accept the challenges global health.

I welcome all students at Parul Institute Of Ayurved & Research and wishes all the best for their future !!!
Contact Information

Email: piaresearch@paruluniversity.ac.in

Activities / Workshops / Seminars / Achievements in Parul Institute of Ayurved & Research

1. Gurupoornima was celebrated on 27th July, 2018 at Parul Institute of Ayurved and Research. The students of 1st year BAMS spoke on the occasion about the importance of Guru in real life.



3. National Ayurved Day was observed with a motive to promote Ayurveda as a primary mode of treatment and also to make people at large aware about the strengths of Ayurveda Medicine.



4. World Piles Day was observed with a Free Health Check-Up Camp, organised for the patients giving free consultation, check-up, investigation and surgical procedure by Department of Shalya Tantra, Khemdas Ayurved Hospital on **20th November, 2018**.



2. Sardar Vallabhbhai Patel Jayanti was celebrated on 30th October, 2018 at Madheli village, Waghodia. Program was planned reinforcing the importance of cleanliness by implementing Swachhata Abhiyan (cleanliness drive), educating the locals on the importance of hygiene and ill-effects of littering in public places followed by interactive session among the students, teachers and locals.



Activities / Workshops / Seminars / Achievements in Parul Institute of Ayurved & Research

5. A Guest lecture was organized by Women Development Cell, Parul Institute of Ayurved and Research on topic "Awareness regarding use of social media to prevent cybercrime" for the students, teachers, consultants, medical officers on 5th December, 2018.



6. Shishyopanayana Samskara

Shishyopanayana is one of the traditional Samskaras that marks the acceptance of a student by a Guru and an individual's entrance to a school. Parul Institute of Ayurved and Research and Parul Institute of Ayurved, constituent institutions of Parul University, followed the same in welcoming the newly admitted students by conducting Shishyopanayana on 3rd January, 2019 during which Holy Hawana was performed with chanting of Shlokas from Vedas.



Activities / Workshops / Seminars / Achievements in Parul Institute of Ayurved & Research

7. Guest Lecture organized by Department of Rasashastra & Bhaishajya Kalpana on topic "Introduction to Rasashastra and Importance of Rasoushadhis" which was delivered by Dr.Prakash Deshpande, Professor, BVV Ayurveda College, Bagalkot for II year BAMS students on 11th January, 2019.



8. Leprosy Day was observed 30th January, 2019 with an awareness programme by Department of Swasthavrutta and Yoga, Parul Institute of Ayurved & Research to educate the public about prevention and control measures of leprosy.



Activities / Workshops / Seminars / Achievements in Parul Institute of Ayurved & Research

9. World Environmental Day was celebrated by Department of Dravyagunavignnan planting 45 new saplings of trees on 6th June, 2019. An awareness class was conducted by Dr.Suwarna Meshram, Professor & HOD Department of Dravyaguna on the topic "Clean Campus Healthy Campus."



10. Yoga sessions: Faculty of Ayurved, Parul University organized multifaceted sessions on behalf of International Yoga Day in June 2019. There were Yoga sessions every morning for all students being organized from 17th June, 2019 to 20th June, 2019 by the Department of Swasthavrutta, PIAR.



KHEMDAS AYURVED HOSPITAL



Khemdas Ayurveda Hospital (KAH) is a NABH accredited Teaching Hospital of Parul Institute of Ayurveda and Research. Set on sprawling widespread plot in the village of Ishwarpura over the outskirts of Vadodara city, the hospital offers the services of expertise Vaidyas in different fields like Kayachikitsa, Panchakarma, Shalya Tantra, Shalakya Tantra, Streeroga, Balaroga with post graduate and doctorate qualification in Ayurveda. The services rendered by these well experienced Vaidyas confirm to the tradition of ancient science of Ayurveda. It has the backup of modern science for emergency management with ultra-modern technologies.

Khemdas Ayurveda Hospital is a 100 bedded hospital with 7 running OPDs of different specialities is equipped with general wards, semi and special wards to accommodate all categories of patients.

Khemdas Ayurveda Hospital has following Out Patient Departments (O.P.D.'s)

- Kayachikitsa (General Medicine)
- Panchakarma (Ayurveda Procedures)
- Swasthavrutta (Aahara, Vihara, Yoga & Pranayama, Prakruti Diagnosis)
- Prasooti evum Streeroga (Gynaecology & Obstetrics)
- Balaroga (Paediatrics)
- Shalya Tantra (Surgery)
- Shalakya Tantra (E.N.T., Ophthalmology & Dental)

Special Facilities:

- Expert and experienced highly qualified doctors
- VIP Panchakarma facility (Charaka Ward)
- Availability of Special rooms
- Well equipped operation theatre
- Well equipped pathology, laboratory and Radiology department
- 24 hours Labour room service
- Garbha Samskara Facility
- Neonate Intensive Care Unit
- 24 hours Ambulance facility
- 24 hours emergency service
- Yoga therapy for patients
- Swasthavrutta department for preventive measures
- Physiotherapy Unit
- Availability of Drug stores

#LifeatPU



All work and no play makes jack a dull boy; Hence at PU, We balance both Education & Joy.

The campus is filled with vibrant events & co-curricular activities round the year. All festivals irrespective of religions are celebrated to the fullest.

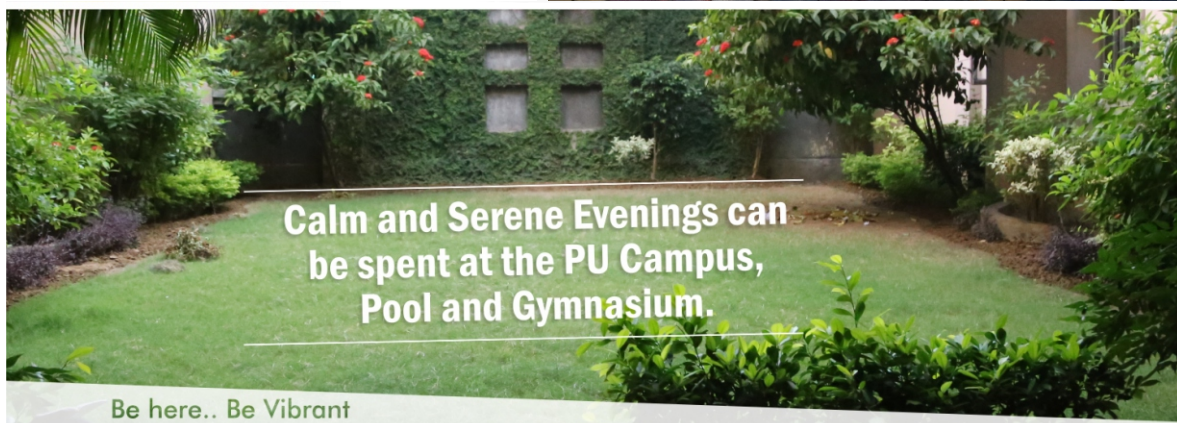
Breathtaking concerts & mesmerizing celebrity visits make #LifeatPU a worth while experience.

Annual technical & cultural festivals help all students to make memories for a life time.

Come Experience the colourful journey of learning here at PU.

Be here.. Be Vibrant

Infrastructure & Facilities



**Calm and Serene Evenings can
be spent at the PU Campus,
Pool and Gymnasium.**

Be here.. Be Vibrant

Special Units of Parul University

Training and Placement | Career Development Center (T&P | CDC)

Along with the core subjects' emphasis is laid on the hands-on training for future professionals. The University has introduced mandatory Career Development Courses as part of its mainstream curriculum in all of its faculties. This includes a range of skills proficiency in English & other Foreign Languages, Quantitative Aptitude, Verbal/ Non-Verbal Reasoning for various competitive examinations. The University offers “add-on” skills along with academic knowledge to bring the students at par with the best of Academia around the world. The Career Development Centre aims to guide students to think in terms of careers where they can excel in their inherent potential. With approximate 500 campus drives conducted annually, the T&P cell at campus is dedicated to assure the best opportunities available in market for the budding graduates.

Entrepreneurship Development Cell (EDC)

The University houses a dedicated entrepreneurship development Cell (EDC) where innovation is included up to patent filling apart from nurturing early to mature stage start-ups, technology to non-technology based ones. EDC's objective is to nurture student's ideas to assess business and market feasibility so that student can create their start-up. Not only creating a start-up but to scale-up the start-up is within the framework of cell where mentors help student start-up to prepare for pitching if students are interested to avail the funding opportunity from agencies like banks, funding agencies, venture capitalist or angel finance apart from various government agencies. In this process quite a good number of student start-ups are now operating in the market which are nurtured and mentored by entrepreneurship development cell. The University's entrepreneurial ecosystems have been recognized by achievements in National Entrepreneurship Challenge in IIT-Powai where our team emerged as champion team in leader-board.

International Relations Cell (IRC)

International development lies at the core of the University's efforts in teaching, training and development. PU sees Internationalization as an opportunity to improve quality across its Campus, both at an institutional level and in terms of its staff. To fulfill its international strategic goal, the University has signed MoUs with various International Universities and Colleges and has the University also has been successfully organizing Student Exchange Program/Faculty Exchange Programmes (4 weeks, 6 Weeks, Semester and Annual) in various disciplines enabling students to gain international exposure.

Research and Development Cell (R&D)

The University has formed the Research and Development Cell to provide an interface between students and faculties in technical courses and the industry. Supported by the Management, Principals, Heads of Departments, Course Coordinators and other Senior Faculty Members, R & D reviews Projects of U.G. and P.G. students in final year and identifies Projects for filing Patents or Copyrights. The University's innovative methods in teaching and training, both faculty members and students, have created an environment that has given birth to 124 IPRs, just in three years.

To Whom For What

❖ Name & Contact Details

Purpose	Whom to contact
Complaints Regarding Ragging	Dr. B. G. Kulkarni Principal,PIAR
Complaints regarding discrimination based on caste	Dr. B. G. Kulkarni , Principal,PIAR And or Registrar Dr. Vijaykumar
Internal Grievance Committee	Dr. Manisha G. DunghaV Professor & HOD, Dept.Ayurveda Samhita & Siddhanta
Women Redressal Committee	Dr. Anitha H Professor & HOD Dept. of Rasashastra & Bhaishajya Kalpana
Hostel	Rector Girls Hostel –02668-260271/273/284 Boys Hostel – 02668-260291/293/297
Events	Department of Events & Media Relations, Ground Floor, BBA Building.(02668-260368)
Anti Ragging Committee	Dr. Sarita Ohol, Professor & HOD, Dept.Kriya Sharir

Special Units For The Benefit Of Students

As per the guidelines of the UGC these cells are established in the University.

A) Mentoring Policy:

Each college has a Mentoring system. Under this system, 10 students are allotted to one faculty member who is called the Mentor. Any problem which the student faces can be taken to the Mentor who will help the student overcome the problems. The mentors and the allotment of the students will be informed by the head of the college.

B) Women's Development Committee:

There is also a Women's Development Committee established in the University. This is headed by senior faculty. Any complaints of girl students can be filed to this committee.

C) Internal Complaints Committee:

There is an Internal Complaints Committee in each college. Any complaint of sexual harassment can be filed with this Committee.

D) Complaints regarding Caste based Discrimination:

The University has established a system in which any discrimination done on the basis of caste can be complained to the Principal of the College who has maintained a separate register for the purpose. The office of the Registrar of the University has also maintained a register for this purpose.

E) Grievance Redressal Cell:

The University has established a Grievance Redressal Cell and nominated an OMBUDSMAN to whom any complaint against the University can be taken. Prof. D. M. Patel is the OMBUDSMAN.

Gist of Rules & Regulations

Discipline is the law of nature. Without it, nothing works. Inculcating discipline amongst Pupil is the most significant aspect of education and is not confined to college alone. Parents too must co-operate with the college in observing these norms:

1. All students should enter the classes in time and if coming late will not be allowed to sit in the particular class.
2. Students are not allowed to bring mobiles to the college except for days scholars who also should submit them every day to the college office before the classes commence. Any student found violating this shall be fined first time. Same student caught next time strict action will be taken as per the rule.
3. Students are required to maintain a strict formal dress code with proper attire except for Saturdays which also should be decent. Disciplinary action will be taken against students violating the rule.
4. Students will not be allowed to enter the college campus without ID cards and aprons during any time of the day and if not following this, will not be allowed to sit in the class.
5. Students are required to maintain a minimum of 80 % of attendance in individual subjects and practicals. Failing for which the individual will not be allowed to appear for the university examination. Queries on monthly attendance should be clarified by the respective departments within 2nd of every month. After 2nd, no changes will be entertained.
6. No one shall take leave without the prior approval of HOI/ Welfare officer.
7. The tutorials will be conducted in all the subjects, their respective marks documented and sent to parents.
8. Students should not involve in destructive activities like scribbling on the benches, walls etc. and if found indulging in such activities, disciplinary action will be taken against them.
9. Students should handle instruments and equipments of lab during practicals with care. If any instruments are damaged during while handling, he/she should replace them.
10. Proper discipline and silence should be maintained in the library and should abide to the rules of issuing the books.
11. Students shall maintain discipline within the college bus and should not stand near the door. In spite of instruction, if anything goes wrong, the institution shall not be responsible for the consequences.
12. Every Class Welfare Officer and Academic Co-ordinator keep a close watch on the students' attendance, progress and conduct.

Academic calendar Year: 2019-20

1st year B.A.M.S.

1st Term Start	Last week of September, 2019
2nd Term Start	2 nd week of April, 2020
Term End (1st Internal) Examination	1 st week of April 2020
Summer Vacations	10 th May 2020 to 6 th June, 2020
Preliminary Examination	1 st week of August 2020
University Examination	1 st week of September 2020
2 nd year will start	1 st week of October, 2020
Diwali Vacations	2 nd week of November, 2020

2nd year B.A.M.S.

1 st Term Start	1 st week of October, 2019
2 nd Term Start	2 nd week of April, 2020
Term End(1st Internal) Examination	1 st week of April, 2020
Summer Vacations	10 th May to 6 th June, 2020
Preliminary Examination	1 st week of August, 2020
University Examination	1 st week of September 2020
3 rd year	1 st week of October, 2020
Diwali Vacations	2 nd week of November, 2020

3rd year B.A.M.S.

1 st Term Start	1 st week of October, 2019
2 nd Term Start	2 nd week of April, 2020
Term End(1 st Internal) Examination	1 st week of April, 2020
Summer Vacations	1 st May to 3 rd June, 2020
Preliminary Examination	1 st week of August, 2020
University Examination	2 nd week of September, 2020
4 th year	1 st week of October, 2020
Diwali Vacations	5 th November, 2020

Academic calendar Year: 2019-20

Sr.No	Name of the Events	Date	Department
1	Republic Day (India)	26 th January	All
2	Rheumatoid Arthritis Awareness Day	2 nd February	Panchakarma
3	International Womens Day	8 th March	Prasooti Tantra evum Stree Roga
4	World Oral Health Day	20 th March	Shalakya Tantra
5	World Health Day	7 th April	Swasthavrutta
6	World Environment Day	5 th June	Dravyaguna Vijnana
7	International Day of Yoga	21 st June	Swasthavrutta
8	National Doctors' Day	1 st July	Ayurveda Samhita Siddhanta
9	Independence Day	15 th August	All
10	Teachers' day	5 th September	Students
11	World Heart Day	29 th September	Roga Nidana evum Vikriti Vijnana
12	World Mental Health Day	10 th October	Kayachikitsa/Panchakarma
13	World Food Day	16 th October	Rasashastra evum Bhaishajya Kalpana/Agada Tantra/Ayurveda Samhita Siddhanta/Swasthavrutta
14	National Ayurveda Day(Dhanwantari Jayanti)	As per star calendar	All
15	Childrens' Day	14 th November	Kaumarabhritya
16	World Diabetes Day	14 th November	Roga Nidana evum Vikriti Vijnana
17	World Piles Day	20 th November	Shalya Tantra
18	World Aids Day	1 st December	Kriya Sharir

YOUR DOST



Your **DOST**



IN 2018, **over 400** OF YOUR PEERS CONNECTED WITH YOURDOST EXPERTS, AND GAVE THEIR **confidence & self-esteem a boost.**



One of them is Rohan (name changed). Rohan, an 18 year old man, had recently joined his college. He had been a decent student while at school, and was really looking forward to college life. So, Rohan arrived on campus full of energy and confidence.

Everything was going fine, till the first quiz results came out. Rohan found his name in the bottom 10 performers. He was in complete shock. His confidence and self-esteem hit rock bottom. He felt he was inferior to his peers, and started isolating himself more and more as his academic performance continued to fall.



This was the state in which Rohan approached YourDOST. He felt like a complete failure. Over the next few weeks, he and Archana, a YourDOST expert, worked together to challenge his harsh self-judgement.

After 6 weeks of regular counseling, Rohan is feeling more like his old self. He has made some friends, and feels far more confident about himself. One of the results of this was also a boost in his academic performance.

Got something on your mind that's troubling you? YourDOST is here for you.

Learn how to access YourDOST's services for FREE at bit.ly/ParulUniYDGuide

YOUR DOST



Your DOST

Stressed about something?

-  Career
-  Academics
-  Self-Improvement
-  Relationships

YourDOST services are just a click away



Online Chat
Counseling



Voice Calls



Video Calls

Open up to someone who understands you



1000+ Experts



Private & Confidential



Anonymous



Free 24/7 Support

PU

CAMPUSES

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